



PRAYER GUIDE

Rak Chazak: A War Cry

This ancient Hebrew war cry has led God's warriors for centuries.

The call to be strong,
The call to be courageous
The call not to hesitate
The call to look past the impossibilities
The call to make conquerors of us all!

RAK CHAZAK

I love the rally speeches that fire men up to victory. Be it a football game or a battlefield, we fight for each other and something bigger than ourselves.

This Hebrew call to victory has launched many God-inspired warriors into battle and may it now lead us at Bikers Church.

Let's make no mistake, we are at war.

Just a look at our society and we see the scars of a fierce spiritual battle taking place. The time has come to step into where God is calling us! There is a better way for you and all of those who call Bikers Church home.

It's not for the faint of heart, not for the casual christian but for the warrior ready to do battle!

We have learned what it takes to be a DANGEROUS CHURCH, learned about how to DRESS FOR THE BATTLE, so now is the time we let out a Rak Chazak, to be STRONG and COURAGEOUS as we step into 2025.

Will you join us on a 21 Day Fast to prepare ourselves to cross over, to be Rak Chazak!

HOW TO USE THIS GUIDE

We don't have to follow a specific formula to talk with God, but practicing different ways to pray can help us find deeper connection with Him.

This guide is designed to give you several prayer models, but you don't have to master them all at once. You can select a different prayer model each day in any order you want, and even spend a few days on the same model as you become more comfortable in your prayer life.

To get started, choose which model you want to use today in prayer. As you pray, focus on the process the model reveals, giving yourself time to pray intentionally. If your mind wanders, use the model to help you stay focused.

The goal of this guide is not to overwhelm you, but to help you get comfortable with different biblical models of prayer so your prayer life can become more natural, effective, and enjoyable. The most important step is committing to regularly entering God's presence through prayer.

While prayer does take commitment and discipline to develop into a daily habit, we also want to remember that it's a "get to" not a "got to." It's a privilege to be able to come to God in prayer.

CREATING A LIFESTYLE OF PRAYER

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. MARK 1:35 NIV

Prayer is most effective when it isn't something we just do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God— whether it's first thing in the morning, at lunch, or in the evening—and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it “The Lord’s Prayer.” This outline, along with several other tools, is available in this guide. As we pray every day, our plan for our prayer time can vary. Whether it includes worship music, Bible-reading, or time to listen to God, it doesn’t always have to look the same. It just helps when we have a plan for connecting with Him regularly.

THE LORD’S PRAYER

The Lord’s Prayer is often recited in churches or at religious events, but there’s so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him. This model takes us through each part of The Lord’s Prayer, showing us how to pray the way Jesus instructed.

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, “Lord, teach us to pray...” LUKE 11:1 NIV

“...Our Father in Heaven, hallowed be Your name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen.”

MATTHEW 6:9-13 NKJV

01. CONNECT WITH GOD RELATIONALLY

“OUR FATHER IN HEAVEN...”

So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when He adopted you as His own children. Now we call Him, “Abba, Father.” ROMANS 8:15 NLT

God loves for us to come to Him in this way—as His children who love Him and want to spend time with Him. Proclaim your personal relationship with God, addressing Him as your loving Father and thanking Him that you are His child.

02. WORSHIP HIS NAME

“...HALLOWED BE YOUR NAME...”

There is power in God's name. Here is a list of some of His names to help us worship Him specifically and personally:

God is Righteousness—He makes me clean
God is Sanctifier—He has called me and set me apart
God is Healer—He heals all my diseases
God is Banner of Victory—He defeated my enemies
God is Shepherd—He speaks to me and leads me
God is Peace—He is my peace in every storm
God is Provider—He supplies all of my needs

The name of the LORD is a strong tower; the righteous man runs into it and is safe.
PROVERBS 18:10 ESV

Speak God's names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great He is.

03. PRAY HIS AGENDA FIRST

“...YOUR KINGDOM COME. YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN...”

We know God's will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.

LUKE 12:31 TLB

Spend time focusing on what God is focused on. His priorities include:

The whole world to know Jesus.
Blessing for those in authority—parental, spiritual, governmental, work-related, school
Caring for the poor
The Church around the world
Freedom for those in bondage
Accomplishing His purpose in our lives

04. DEPEND ON HIM FOR EVERYTHING

“...GIVE US THIS DAY OUR DAILY BREAD...”

God promises to supply all our needs, and He wants us to trust Him to provide.

I look up to the mountains—does my help come from there? My help comes from the LORD, who made Heaven and earth! PSALM 121:1-2 NLT

Ask God for what you need today. Bring your requests to Him, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Problems can either be ours or God's; they can't be both.

10 PRAYER FOCUSES

Faith Life
Marriage/Dating Life
Family Life
Work/School Life
Ministry Life
Financial Life
Physical Life
Social Life
Attitudinal Life
Emotional/Mental Life

05. FORGIVE AND BE FORGIVEN

“...FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS...”

When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well.

*If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.*¹ JOHN 1:9 NIV

Ask God to check your heart and life and show you areas where you might need to ask for His forgiveness. Ask Him to forgive you and to help you forgive others. We can even choose to forgive people in advance!

06. ENGAGE IN SPIRITUAL WARFARE

“...AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE...”

The Bible makes it clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. EPHESIANS 6:12 NIV

Ask God to show you any lies you're believing or spiritual warfare happening in your life, expose the enemy, and help you understand and receive His truth. Simply speaking the name of Jesus has great power in the spiritual realm.

The Bible tells us in James 4:7 *that if we resist the devil, he will flee from us.* Through prayer, we can resist him and walk forward in freedom.

07. EXPRESS FAITH IN GOD'S POWER

"...FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER..."

Ending our prayer time by claiming God's authority and power helps focus our minds on the truth and hope of who He is and what He can do.

"Ah, Sovereign LORD, You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You." JEREMIAH 32:17 NIV

Remind yourself of God's power and then return to praising Him and declaring your faith in Him:

"Yours is the Kingdom" – all authority belongs to You

"Yours is the Power" – all mightiness flows from You

"Yours is the Glory" – Your victory will be complete

PRAYING SCRIPTURE

When we pray the promises of God, we're focusing on God's power and limitless resources rather than the problem or our own limited ability to solve it. Our Heavenly Father is bigger than any situation we'll encounter, no matter how painful or scary or uncertain it may seem in the moment. Whatever we're going through, find a verse for the situation and trust God for the result.

Pray His promises and trust in His power to be revealed. The Word of God is one of the most valuable tools we have to build a dynamic prayer life.

Let's begin with King David's Psalm 23. Take a moment to read it, and then use the below Scriptures as a way to pray and have a conversation with God.

In the following section, use the Scriptures to claim their promises through prayer.

ASSURANCE:

The LORD is my Shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. PSALM 23 NIV

ANXIETY:

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
PHILIPPIANS 4:6-7 NIV

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. MATTHEW 6:34 NIV

COMFORT:

And we know that in all things God works for the good of those who love Him, who have been called according to His purpose. ROMANS 8:28 NIV

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. 2 CORINTHIANS 1:3-4 NIV

FAITH:

Now faith is confidence in what we hope for and assurance about what we do not see.
HEBREWS 11:1 NIV

"Everything is possible for one who believes." MARK 9:23 NIV

FEAR:

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. 2 TIMOTHY 1:7 NIV

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." ISAIAH 41:10 NIV

FORGIVENESS:

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. EPHESIANS 4:32 NIV

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. COLOSSIANS 3:13 NIV

FREEDOM:

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 2 CORINTHIANS 3:17 NIV

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. GALATIANS 5:1 NIV

GUIDANCE:

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. PROVERBS 3:5-6 NIV

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it." ISAIAH 30:21 NIV

GUILT/SHAME:

Therefore, there is now no condemnation for those who are in Christ Jesus... ROMANS 8:1 NIV

"Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool." ISAIAH 1:18 NIV

HEALING:

Praise the LORD, my soul, and forget not all His benefits— who forgives all your sins and heals all your diseases... PSALM 103:2-3 NIV

*But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was on Him, and by His wounds we are healed.
ISAIAH 53:5 NIV*

LONELINESS:

"No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you." JOSHUA 1:5 NIV

God sets the lonely in families, He leads out the prisoners with singing; but the rebellious live in a sun-scorched land. PSALM 68:6 NIV

PRIDE:

"God opposes the proud but shows favor to the humble." JAMES 4:6 NIV

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves... PHILIPPIANS 2:3 NIV

PROTECTION:

*You will keep in perfect peace those whose minds are steadfast, because they trust in You. Trust in the LORD forever, for the LORD, the LORD Himself, is the Rock eternal.
ISAIAH 26:3-4 NIV*

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. ROMANS 15:13 NIV

*And my God will meet all your needs according to the riches of His glory in Christ Jesus.
PHILIPPIANS 4:19 NIV*

And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. 2 CORINTHIANS 9:8 NIV

PURITY:

Create in me a pure heart, O God, and renew a steadfast spirit within me. PSALM 51:10 NIV

...let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. HEBREWS 10:22 NIV

PURPOSE:

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." JEREMIAH 29:11 NIV

Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. PHILIPPIANS 1:6 NIV

STRENGTH:

But He said to me, "My grace is sufficient for you, for My power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 2 CORINTHIANS 12:9 NIV

...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. ISAIAH 40:31 NIV

THOUGHTS:

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. PHILIPPIANS 4:8-9 NIV

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will. ROMANS 12:2 NIV

VICTORY:

"The LORD will fight for you; you need only to be still." EXODUS 14:14 NIV

No, in all these things we are more than conquerors through Him who loved us. ROMANS 8:37 NIV

WORTH/IDENTITY:

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. EPHESIANS 2:10 NIV

I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. PSALM 139:14 NIV

PERSONAL PRAYER FOCUS

God has put us on the earth at this specific time for a reason. Knowing this, we can look at those around us at this time in history and take personal responsibility to pray.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth. 1 TIMOTHY 2:1-4 NIV

Pray for those in authority and those under your authority.
Pray for those in your family and your circle of influence.

Write down the names of specific people and pray for them.

MY FAMILY—SPOUSE—CHILDREN—PARENTS—SIBLINGS—EXTENDED FAMILY

MY NATIONAL LEADERS—PROVINCIAL LEADERS—CITY LEADERS

MY CHURCH—PASTOR—SMALL GROUP LEADER—SMALL GROUP MEMBERS

MY EMPLOYER—CO-WORKERS—EMPLOYEES—TEACHERS

We pray that some of these simple tools will help you develop a discipline and lifestyle of prayer not just for 21 days but a lifetime!